

Career nterest PROFILER

Profiling: Jim Sample **Date:** Monday, January 27, 2003



About this report

Knowing your interests is important because it allows you to make informed career decisions and indicates work that you will enjoy. People whose interests match their occupations and activities find greater satisfaction, are more productive, and have higher levels of motivation. These results can increase your chances for career success.

This report provides an in-depth description of your responses to the Career Interest Profiler (CIP). Designed to help you identify and understand your career interests, this report can start you on the journey of matching your interests with occupations. To guide you through the career planning process and help you set goals, a variety of occupations that correspond with your interests are provided. This report is designed to expand your options, rather than limit them, giving you many avenues to explore that have something in common with your interest profile.

Your personalized report explains your two areas of greatest interests, and then provides a wide variety of occupations that meet those interests in some way. Not all of these jobs will be attractive to you, which is to be expected. While interests play a key role in identifying preferred occupations, other traits such as abilities, skills, values, personality and previous experience also influence what you find appealing. Each of the occupations listed in this report have common activities that match your interests. Of course, some of the jobs listed will match your desires to a greater extent than others.

As you read through this report there are a number of things to keep in mind.

- 1** Do not expect to find one perfect job. There are many job options available and many will fit your interest profile in some way.
- 2** The Career Interest Profiler is a measure of interests, not skills. So while it can help you identify jobs you might like, it does not tell you what you are good at.
- 3** When you are making career decisions gather as much information as possible. This includes taking other types of assessments and talking to people who are working in jobs that interest you.
- 4** Take the time to discuss your findings with the people who are important to you such as your family and career counselor.





Your Profile


The CIP measures 6 broad patterns of interest: Realistic, Investigative, Artistic, Social, Enterprising, and Conventional. Your scores for the six areas are shown below. Most people have interests that fall into more than one category. At the bottom of the page is a brief description of the 6 interest areas.


Theme	Score	Level of Interest				
		very low	low	average	high	very high
R	7					
I	8					
A	7					
S	6					
E	7					
C	6					


Your score for each interest area is directly related to the number of likes, dislikes and uncertain responses you made on the Career Interest Profiler. If you chose many likes in an area, your interest level will be high or very high. If you chose many dislikes then your interest level will be low or very low. The level is neither good nor bad, but a reflection of how interesting you find activities in each of the six areas.


- **Realistic**  Enjoy work activities that include practical, hands-on problems and solutions. They like dealing with plants, animals, and real-world materials, like wood, tools, and machinery. They enjoy outside work.

- Investigative**  Enjoy work that involves solving complex problems. They like exploring ideas, conducting research and looking at theories. They prefer thinking over doing and prefer data and ideas to people.


- Artistic**  Enjoy work activities that deal with the artistic side of things, such as forms, designs, and patterns. They like self-expression in their work. They prefer settings where work can be done without following a clear set of rules.

- Social**  Enjoy work activities that assist others and promote learning and personal development. They prefer to be with people rather than to work with objects, machines, or data. They like to teach, to give advice, to help, or otherwise be of service to people.

- Enterprising**  Enjoy work activities that have to do with starting up and carrying out projects, especially business ventures. They like persuading and leading people and making decisions. They like taking risks for profit. These people prefer action rather than thought.

- Conventional**  Enjoy work activities that follow set procedures and routines. They prefer working with data and detail more than with ideas. They prefer work in which there are precise standards rather than make judgements. These people like working where the lines of authority are clear.

Investigative - Realistic

 *is your career interest pattern*

Your Scores

indicate that your primary interests are Investigative-Realistic. This means you have interests that fall in both the Investigative and Realistic areas. This page provides a comprehensive description of the Investigative and Realistic themes, and the people who prefer them.

Investigative - Thinkers

Investigative people are inquisitive, analytical, and intellectual. They like investigating things and solving complex problems. Investigative individuals enjoy exploring ideas, conducting research, uncovering facts and establishing theories. Their preferred reading material includes scientific or technical magazines. They also enjoy working alone, and prefer working with data and ideas over people. As a result, they tend to avoid jobs that require leading, selling, or persuading others. While they share some of the same interests in the physical world as Realistic people, Investigative types prefer thinking over doing.

activities/hobbies they enjoy

Scientific, mathematical, and intellectual pursuits; researching and understanding the physical world; using computers; doing complex calculations; astronomy, crossword puzzles, board games, and visiting museums.

typical skills and strengths

Understanding and solving science and math problems; analytical, observant, inquisitive; organizing, analyzing, interpreting data, ideas, theories; working independently with loosely defined problems; researching and understanding the physical world.

global occupational areas

Biology, chemistry, physics, computer programming, computer engineering, medicine, pharmacology, psychology, veterinary science, technical writing.

dislikes

Sales, persuading others, leading people.

Realistic - Doers

Realistic people are practical, self-reliant, and mechanically inclined. They are traditional people who value things they can see and touch. Realistic individuals usually have well developed skills in working with tools, operating machines, or raising animals. They enjoy working outdoors and utilizing their physical strength. They often enjoy adventurous activities such as riding roller coasters or sky diving. Since they like hands-on activities that involve concrete problem solving they prefer to deal with things rather than people, ideas, or data. They adopt action oriented solutions instead of verbal or interpersonal ones. As a result, realistic people tend to avoid careers that involve a lot of social interaction and dealing with people, such as teaching or nursing. Instead, they would rather focus on areas where they can produce tangible results. They value things they can see and touch.

activities/hobbies they enjoy

Building and repairing; gardening and crafts; playing sports, outdoor recreational activities; cars, motor sports, boats; mechanics; home improvement; camping, hunting, fishing

typical skills and strengths

Making and repairing things; operating machinery and equipment; mechanically inclined; concrete problem solving

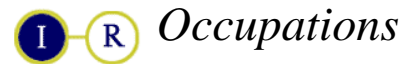
global occupational areas

Trades - carpenters, electricians, mechanics, plumbers; agriculture and forestry; engineering; military

dislikes

Public speaking; social events; cultural and aesthetic activities; mediating disputes; work that involves close interpersonal relationships

Investigative - Realistic



Investigative-Realistic people tend to enjoy exploring ideas and complex problems as well as having some opportunity for hands-on activities. To help identify jobs you will enjoy, you should consider work that involves both of these interests. Below are occupations along with descriptions that fall in the Investigative-Realistic category.



Job Title	Zone	ONet Code	NOC
Agricultural Engineers	5	17-2021.00	2148
Apply knowledge of engineering technology and biological science to agricultural problems concerned with power and machinery, electrification, structures, soil and water conservation, and processing of agricultural products			
Archeologists	4	19-3091.02	4169
Conduct research to reconstruct record of past human life and culture from human remains, artifacts, architectural features, and structures recovered through excavation, underwater recovery, or other means of discovery			
Biologists	5	19-1020.01	2121
Research or study basic principles of plant and animal life, such as origin, relationship, development, anatomy, and functions			
Chemical Engineers	5	17-2041.00	2134
Design chemical plant equipment and devise processes for manufacturing chemicals and products, such as gasoline, synthetic rubber, plastics, detergents, cement, paper, and pulp, by applying principles and technology of chemistry, physics, and engineering			
Chemists	4	19-2031.00	2112
Conduct qualitative and quantitative chemical analyses or chemical experiments in laboratories for quality or process control or to develop new products or knowledge			
Chiropractors	5	29-1011.00	3122
Adjust spinal column and other articulations of the body to correct abnormalities of the human body believed to be caused by interference with the nervous system. Examine patient to determine nature and extent of disorder. Manipulate spine or other involved area. May utilize supplementary measures, such as exercise, rest, water, light, heat, and nutritional therapy			
Computer Programmers	4	15-1021.00	2163
Convert project specifications and statements of problems and procedures to detailed logical flow charts for coding into computer language. Develop and write computer programs to store, locate, and retrieve specific documents, data, and information. May program web sites			

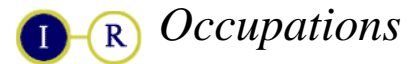
Zone is the amount of skill, education, or preparation to do work required for this occupation. Level 1 occupations require little or no preparation; Level 2 - some preparation; Level 3 - Medium preparation; Level 4 - Considerable preparation; Level 5 jobs require Extensive preparation.

Use the **ONet Code** to gain direct access to the Occupational Information Network database, at <http://online.onetcenter.org>

There you will find the types of activities, skills, abilities, education, and experience needed for these occupations.

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Investigative - Realistic



Occupations

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Computer Security Specialists	4	15-1071.01	2147
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Plan, coordinate, and implement security measures for information systems to regulate access to computer data files and prevent unauthorized modification, destruction, or disclosure of information. Confers with personnel to discuss issues such as computer data access needs, security violations, and programming changes.

Dentists, General	5	29-1021.00	3113
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Diagnose and treat diseases, injuries, and malformations of teeth and gums and related oral structures. May treat diseases of nerve, pulp, and other dental tissues affecting vitality of teeth

Electrical Engineers	5	17-2071.00	2133
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Design, develop, test, or supervise the manufacturing and installation of electrical equipment, components, or systems for commercial, industrial, military, or scientific use

Geographers	4	19-3092.00	4169
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Study nature and use of areas of earth's surface, relating and interpreting interactions of physical and cultural phenomena. Conduct research on physical aspects of a region, including land forms, climates, soils, plants and animals, and conduct research on the implications of human activities, including social, economic, and political, as well as researching interdependence between regions at scales ranging from local to global.

Geologists	5	19-2042.01	2113
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Study composition, structure, and history of the earth's crust; examine rocks, minerals, and fossils to identify and determine the sequence of processes affecting the development of the earth; apply knowledge of chemistry, physics, biology, and mathematics to explain these phenomena and to help locate mineral and petroleum deposits and underground water resources; prepare geologic reports and maps; and interpret research data to recommend further action for study

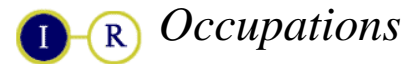
Mining and Geological Engineers, Including Mining Safety Engineers	4	17-2151.00	2144
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Determine the location and plan the extraction of coal, metallic ores, nonmetallic minerals, and building materials, such as stone and gravel. Work involves conducting preliminary surveys of deposits or undeveloped mines and planning their development; examining deposits or mines to determine whether they can be worked at a profit; making geological and topographical surveys; evolving methods of mining best suited to character, type, and size of deposits; and supervising mining operations

Optometrists	4	29-1041.00	3121
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Diagnose, manage, and treat conditions and diseases of the human eye and visual system. Examine eyes and visual system, diagnose problems or impairments, prescribe corrective lenses, and provide treatment. May prescribe therapeutic drugs to treat specific eye conditions. Examines eyes to determine visual acuity and perception and to diagnose diseases and other abnormalities, such as glaucoma and color blindness.

Investigative - Realistic



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Orthodontists	5	29-1023.00	3113
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Examine, diagnose, and treat dental malocclusions and oral cavity anomalies. Design and fabricate appliances to realign teeth and jaws to produce and maintain normal function and to improve appearance.

Respiratory Therapists	3	29-1126.00	3214
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Assess, treat, and care for patients with breathing disorders. Assume primary responsibility for all respiratory care modalities, including the supervision of respiratory therapy technicians. Initiate and conduct therapeutic procedures; maintain patient records; and select, assemble, check, and operate equipment

Soil Conservationists	4	19-1031.01	2123
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Plan and develop coordinated practices for soil erosion control, soil and water conservation, and sound land use

Surgeons	5	29-1067.00	3111
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Treat diseases, injuries, and deformities by invasive methods, such as manual manipulation or by using instruments and appliances

Veterinarians	5	29-1131.00	3114
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Diagnose and treat diseases and dysfunctions of animals. May engage in a particular function, such as research and development, consultation, administration, technical writing, sale or production of commercial products, or rendering of technical services to commercial firms or other organizations. Includes veterinarians who inspect livestock

Zoologists and Wildlife Biologists	5	19-1023.00	2121
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Study the origins, behavior, diseases, genetics, and life processes of animals and wildlife. May specialize in wildlife research and management, including the collection and analysis of biological data to determine the environmental effects of present and potential use of land and water areas

Related Occupations

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There are many jobs out there that will meet some but not all of your interests. To expand your opportunities, it is helpful to look at jobs that utilize some of your interest patterns or rank them in a different order. Since you are Investigative-Realistic

you may want to look at jobs that rearrange the order of your themes such as Realistic-Investigative, or utilize one of your key interests, Investigative or Realistic. Below are groups of occupations that are organized by interest pattern that you have something in common with and may want to explore.

Occupations

Job Title	Zone	ONet Code	NOC
Animal Breeders	3	45-2021.00	8251
Breed animals, including cattle, goats, horses, sheep, swine, poultry, dogs, cats, or pet birds. Select and breed animals according to their genealogy, characteristics, and offspring. May require a knowledge of artificial insemination techniques and equipment use. May involve keeping records on heats, birth intervals, or pedigree			
Avionics Technicians	4	49-2091.00	2244
Install, inspect, test, adjust, or repair avionics equipment, such as radar, radio, navigation, and missile control systems in aircraft or space vehicles			
Civil Engineers	4	17-2051.00	2131
Perform engineering duties in planning, designing, and overseeing construction and maintenance of building structures, and facilities, such as roads, railroads, airports, bridges, harbors, channels, dams, irrigation projects, pipelines, power plants, water and sewage systems, and waste disposal units. Includes architectural, structural, traffic, ocean, and geo-technical engineers			
Dental Laboratory Technicians	3	51-9081.00	3223
Construct and repair full or partial dentures or dental appliances			
Electricians	3	47-2111.00	7241
Install, maintain, and repair electrical wiring, equipment, and fixtures. Ensure that work is in accordance with relevant codes. May install or service street lights, intercom systems, or electrical control systems			
Fish and Game Wardens	3	33-3031.00	2224
Patrol assigned area to prevent fish and game law violations. Investigate reports of damage to crops or property by wildlife. Compile biological data			

Related Occupations

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Forest and Conservation Workers	1	45-4011.00	8422
Under supervision, perform manual labor necessary to develop, maintain, or protect forest, forested areas, and woodlands through such activities as raising and transporting tree seedlings; combating insects, pests, and diseases harmful to trees; and building erosion and water control structures and leaching of forest soil. Includes forester aides, seedling pullers, and tree planters			
Foresters	4	19-1032.00	2122
Manage forested lands for economic, recreational, and conservation purposes. May inventory the type, amount, and location of standing timber, appraise the timber's worth, negotiate the purchase, and draw up contracts for procurement. May determine how to conserve wildlife habitats, creek beds, water quality, and soil stability, and how best to comply with environmental regulations. May devise plans for planting and growing new trees, monitor trees for healthy growth, and determine the best time for harvesting. Develop forest management plans for public and privately-owned forested lands			
Machinists	4	51-4041.00	7231
Set up and operate a variety of machine tools to produce precision parts and instruments. Includes precision instrument makers who fabricate, modify, or repair mechanical instruments. May also fabricate and modify parts to make or repair machine tools or maintain industrial machines, applying knowledge of mechanics, shop mathematics, metal properties, layout, and machining procedures			
Marine Engineers	5	17-2121.01	2148
Design, develop, and take responsibility for the installation of ship machinery and related equipment including propulsion machines and power supply systems			
Mechanical Engineers	4	17-2141.00	2132
Perform engineering duties in planning and designing tools, engines, machines, and other mechanically functioning equipment. Oversee installation, operation, maintenance, and repair of such equipment as centralized heat, gas, water, and steam systems			
Medical and Clinical Laboratory Technicians	2	29-2012.00	3212
Perform routine medical laboratory tests for the diagnosis, treatment, and prevention of disease. May work under the supervision of a medical technologist			
Medical Appliance Technicians	2	51-9082.00	2241
Construct, fit, maintain, or repair medical supportive devices, such as braces, artificial limbs, joints, arch supports, and other surgical and medical appliances			
Millwrights	4	49-9044.00	7311
Install, dismantle, or move machinery and heavy equipment according to layout plans, blueprints, or other drawings			
Motorboat Mechanics	3	49-3051.00	7335
Repairs and adjusts electrical and mechanical equipment of gasoline or diesel powered inboard or inboard-outboard boat engines			

Related Occupations

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Nuclear Equipment Operation Technicians	3	19-4051.01	2232
Operate equipment used for the release, control, and utilization of nuclear energy to assist scientists in laboratory and production activities			
Petroleum Engineers	5	17-2171.00	2145
Devise methods to improve oil and gas well production and determine the need for new or modified tool designs. Oversee drilling and offer technical advice to achieve economical and satisfactory progress			
Petroleum Refinery and Control Panel Operators	4	51-8093.02	9232
Analyze specifications and control continuous operation of petroleum refining and processing units. Operate control panel to regulate temperature, pressure, rate of flow, and tank level in petroleum refining unit, according to process schedules			
Veterinary Assistants and Laboratory Animal Caretakers	3	31-9096.00	3213
Feed, water, and examine pets and other non-farm animals for signs of illness, disease, or injury in laboratories and animal hospitals and clinics. Clean and disinfect cages and work areas, and sterilize laboratory and surgical equipment. May provide routine post-operative care, administer medication orally or topically, or prepare samples for laboratory examination under the supervision of veterinary or laboratory animal technologists or technicians, veterinarians, or scientists			
Welder-Fitters	4	51-4121.03	7265
Lay out, fit, and fabricate metal components to assemble structural forms, such as machinery frames, bridge parts, and pressure vessels, using knowledge of welding techniques, metallurgy, and engineering requirements. Includes experimental welders who analyze engineering drawings and specifications to plan welding operations where procedural information is unavailable			



Occupations

Job Title	Zone	ONet Code	NOC
Family and General Practitioners	5	29-1062.00	3112
Diagnose, treat, and help prevent diseases and injuries that commonly occur in the general population			
Internists, General	5	29-1063.00	3111
Diagnose and provide non-surgical treatment of diseases and injuries of internal organ systems. Provide care mainly for adults who have a wide range of problems associated with the internal organs			
Obstetricians and Gynecologists	5	29-1064.00	3111
Diagnose, treat, and help prevent diseases of women, especially those affecting the reproductive system and the process of childbirth			

Related Occupations

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Pediatricians, General	5	29-1065.00	3111
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Diagnose, treat, and help prevent children's diseases and injuries



Occupations

Job Title	Zone	ONet Code	NOC
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Agricultural Equipment Operators	2	45-2091.00	8431
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Drive and control farm equipment to till soil and to plant, cultivate, and harvest crops. May perform tasks, such as crop baling or hay bucking. May operate stationary equipment to perform post-harvest tasks, such as husking, shelling, threshing, and ginning.

Aircraft Systems Assemblers, Precision	3	51-2011.02	9481
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Lay out, assemble, install, and test aircraft systems, such as armament, environmental control, plumbing and hydraulic

Bakers, Manufacturing	3	51-3011.02	6252
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Mix and bake ingredients according to recipes to produce breads, pastries, and other baked goods. Goods are produced in large quantities for sale through establishments such as grocery stores. Generally, high volume production equipment is used

Boilermakers	4	47-2011.00	7262
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Construct, assemble, maintain, and repair stationary steam boilers and boiler house auxiliaries. Align structures or plate sections to assemble boiler frame tanks or vats, following blueprints. Work involves use of hand and power tools, plumb bobs, levels, wedges, dogs, or turnbuckles. Assist in testing assembled vessels. Direct cleaning of boilers and boiler furnaces. Inspect and repair boiler fittings, such as safety valves, regulators, automatic-control mechanisms, water columns, and auxiliary machines

Brickmasons and Blockmasons	3	47-2021.00	7281
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Lay and bind building materials, such as brick, structural tile, concrete block, cinder block, glass block, and terra-cotta block, with mortar and other substances to construct or repair walls, partitions, arches, sewers, and other structures

Cabinetmakers and Bench Carpenters	3	51-7011.00	7272
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Cut, shape, and assemble wooden articles or set up and operate a variety of woodworking machines, such as power saws, jointers, and mortisers to surface, cut, or shape lumber or to fabricate parts for wood products

Construction Carpenters	4	47-2031.01	7271
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Construct, erect, install, and repair structures and fixtures of wood, plywood, and wallboard, using carpenter's hand tools and power tools

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Drywall Installers	2	47-2081.02	7284
Apply plasterboard or other wallboard to ceilings and interior walls of buildings			
Electric Home Appliance and Power Tool Repairers	3	49-2092.01	7332
Repair, adjust, and install all types of electric household appliances			
Elevator Installers and Repairers	4	47-4021.00	7381
Assemble, install, repair, or maintain electric or hydraulic freight or passenger elevators, escalators, or dumbwaiters			
Floor Layers, Except Carpet, Wood, and Hard Tiles	3	47-2042.00	7295
Apply blocks, strips, or sheets of shock-absorbing, sound-deadening, or decorative coverings to floors			
Industrial Machinery Mechanics	3	49-9041.00	7311
Repair, install, adjust, or maintain industrial production and processing machinery or refinery and pipeline distribution systems			
Landscaping and Groundskeeping Workers	1	37-3011.00	8612
Landscape or maintain grounds of property using hand or power tools or equipment. Workers typically perform a variety of tasks, which may include any combination of the following: sod laying, mowing, trimming, planting, watering, fertilizing, digging, raking, sprinkler installation, and installation of mortarless segmental concrete masonry wall units			
Nursery Workers	1	45-2092.01	8432
Work in nursery facilities or at customer location planting, cultivating, harvesting, and transplanting trees, shrubs, or plants			
Pewter Casters and Finishers	4	51-9071.05	9612
Cast and finish pewter alloy to form parts for goblets, candlesticks, and other pewterware			
Pipe Fitters	4	47-2152.01	7252
Lay out, assemble, install, and maintain pipe systems, pipe supports, and related hydraulic and pneumatic equipment for steam, hot water, heating, cooling, lubricating, sprinkling, and industrial production and processing systems			
Plumbers	3	47-2152.02	7251
Assemble, install, and repair pipe s, fittings, and fixtures of heating, water, and drainage systems, according to specifications and plumbing codes			
Roofers	3	47-2181.00	7291
Cover roofs of structures with shingles, slate, asphalt, aluminum, wood, and related materials. May spray roofs, sidings, and walls with material to bind, seal, insulate, or soundproof sections of structures			

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Stonemasons	4	47-2022.00	7281
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Build stone structures, such as piers, walls, and abutments. Lay walks, curbstones, or special types of masonry for vats, tanks, and floors

Truck Drivers, Heavy	1	53-3032.01	7411
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Drive truck with capacity of more than three tons to transport materials to specified destinations

Reviewing Your Interests

This report describes how your interests match certain types of work better than others. Work that make the most of your interests will be more rewarding and satisfying for you. Work that do not, may leave you feeling unmotivated or unsatisfied. To get the most out of this report, it is helpful to take some time to review your results. Below are some activities that will help you further analyze your interests and help you find out more about the occupations that interest you.

- 1** Read through the interest descriptions on page 4. Highlight the activities and tasks that you believe an occupation must have for you to enjoy it. When you start evaluating occupations, check to see if they involve these activities. Remember, not every type of work will fulfill all your interests, however, some jobs will meet more of them than others. Consider which of your interests you are willing to satisfy in leisure activities or hobbies, rather than in work.

List the activities and tasks a job should involve for you to feel satisfied.

List the activities and tasks that you would be willing to satisfy through leisure or hobbies.

Reviewing Your Interests

- 2 Looking back over your previous experiences, what work and leisure activities have given you the greatest sense of accomplishment or satisfaction?

- 3 Review the occupations that appear at the beginning of the report. These are the ones that match your primary interests and are most likely to satisfy your interests. If none of them appeal to you, look at the section called More Occupations. Highlight the occupations that you would like to learn more about. Begin with 10 jobs that you are curious about, and write them in the space below. You can begin your career search by using these occupations as a starting point. There are many jobs out there, and by researching the jobs you have listed you will quickly learn what you like and dislike. Explore the possibilities!

List the 10 jobs you are most curious about.

Your Career Search

Putting together a comprehensive and detailed career search with specific goals and deadlines is one of the most important steps for managing career decision making successfully. Too often, people in career transition immediately begin writing resumes, applying for jobs, or jumping into retirement without planning their activities. As a result, people use poor job search techniques or make decisions that they later regret.

To start your career search, you need to do some research. To make good career decisions you should find out as much as you can about each of the occupations that interest you.

1 There are a number of questions you need to answer before you can assess whether or not a job is for you. These include:

Questions about the work itself - What are the duties and responsibilities? What does a typical work week look like? What are the working conditions?

Questions about work requirements - What are the minimum educational requirements? What skills are needed? What personal characteristics are needed? Are there any certification requirements? Does training take place on the job or do I need some post-secondary education?

What does the work offer you - What is the employment outlook? Is the job in a sector that is growing or declining? What are the opportunities for growth? What are the opportunities for career advancement?

2 **Learn more about each job** - if you have access to the internet you can quickly find excellent and reliable information. Each occupation listed in this report has an O*Net Code and a NOC Code. These government resources provide up-to-date information on the tasks, knowledge, skills, abilities, work activities, wages and employment, and related occupations for each job.

To search by O*Net Code go to <http://online.onetcenter.org/> - there you will find a place to type in the O*Net Code.

To search by NOC Code go to <http://www23.hrdc-drhc.gc.ca/> and type in your NOC code.

Your Career Search

If you do not have access to the internet you can do research by going to your local library or career center. Most of these organizations have materials that will give you a good overview of occupations. Most of them also have free internet access and are more than willing to help you get connected. Try and find out the kind of information listed above for each job.

Do not forget to talk to people who are in the occupation. This will give you the opportunity to confirm the information you already have from your other research.

3 **Keep your options open** - Do not discard a job because you have a pre-conceived notion about what it entails. Your understanding may be based on stereotypes. For example, the activities of an automotive service technician may have more to do with computers and electronics than with the ability to use a wrench. Keep an open mind and don't limit yourself unnecessarily.

Don't expect to accomplish your career search in just one day. It will take time and hard work. You need to have a plan and to stick to it! Use the form on the following page to evaluate and take notes on any occupation that interests you. Photocopy it as needed.

Review an Occupation

Name of Occupation _____

1 What are the duties and responsibilities? What does a typical work week look like? What working conditions can you expect?

2 What experience, education, certification or training do you need to get in order to prepare for the career you are exploring?

3 What specific job requirements do you need to meet? (eg shift work, weekend work, on call etc.)

4 List the pros and cons about the occupation that you are researching.

5 Will this occupation meet your needs? (money, relationships, personal development, ambitions etc.)

Photocopy as needed.